



EMPIRE ATHLETICS

HIGH SCHOOL
CHEER TRAINING

12351 Grant St. Unit 330
Thornton, CO 80241

601 Bryant St.
Denver, CO 80204

www.empireathletic.com
(303) 280-7199



Who We Are

CHEER, TUMBLE, STUNT GYM

EMPIRE ATHLETICS

Empire Athletics is proud to work with many high school cheerleading teams in the Northern Colorado and Denver region. We provide customized and flexible team training for both Game Day and Traditionally Competitive programs. We specialize in creative and innovative routine choreography for our cheer teams, as well as camps, clinics, and unique community interactions.



SCAN THIS QR CODE TO SIGN
YOUR TEAM UP TODAY!

Accomplishments

EMPIRE ATHLETICS

EA HIGH SCHOOL TEAM CHAMPIONSHIPS

STATE CHAMPS

BISHOP MACHEBEUF: 2021
BROOMFIELD: 2013
ERIE: 2021 | 2020 | 2019 | 2018
ERIE JV: 2020 | 2019 | 2018
PINNACLE: 2018
PRAIRIE VIEW JV: 2018
PRA: 2021 | 2019

STATE FINALISTS

ARAPAHOE: 2014 | 2013
BAYFIELD: 2019 | 2018 | 2017
ERIE: 2016 | 2013
LEGACY: 2019
PINNACLE: 2017 | 2016
PRA: 2020 | 2018 | 2017
WHEAT RIDGE: 2021 | 2016

LEAGUE CHAMPS

THE ACADEMY: 2021 | 2020
BISHOP MACHEBEUF: 2021
BRIGHTON: 2019
DENVER SOUTH: 2021
ERIE: 2021 | 2019 | 2018
HOLY FAMILY: 2019
PINNACLE: 2019 | 2018 | 2017
PRA: 2021 | 2020 | 2019
PRAIRIE VIEW: 2021 | 2019 | 2018
PRAIRIE VIEW JV: 2018

GROWING THE EA FAMILY EVERY YEAR

👑 YEAR 1 2013 TEAMS: 1.5
👑 YEAR 2 2014 TEAMS: 3
👑 YEAR 3 2015 TEAMS: 7
👑 YEAR 4 2016 TEAMS: 15
👑 YEAR 5 2017 TEAMS: 15+
👑 YEAR 6 2018 TEAMS: 15+
👑 YEAR 7 2019 TEAMS: 20+
👑 YEAR 8 2020 TEAMS: 20+
👑 YEAR 8 2021 TEAMS: 25+

INTERNATIONAL

- JUDGING
- COACHING
- BUSINESS CONSULTING

COLLEGE COMBINE 2022

HELPING ATHLETES REALIZE THEIR POTENTIAL
AND ACHIEVE THEIR FUTURE CHEER GOALS



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WHY JOIN THE EMPIRE FAMILY?

● FREE ADMISSION INTO EMPIRE ATHLETICS ANNUAL SHOWCASE ●

FREE 2HR GYM RENTAL FOR TRYOUT CLINICS
IF YOU SIGN YOUR CONTRACT BY APRIL 1ST

COLLEGE COMBINE DISCOUNT & RECRUITMENT OPPORTUNITY

FREE FLOOR RENTAL DURING THE WEEK OF STATE

FREE CO-ED STUNT CLASS FOR HS PARTNER STUNT COUPLES

DISCOUNT ON EMPIRE CAMPS AND CLINICS

CUSTOMIZED EMPIRE ATHLETICS TEAM SHIRT



SCAN THIS QR CODE TO SIGN YOUR TEAM UP TODAY!

TEAM TRAINING



Empire Athletics is here for you and your team!

OUR WEEKLY TEAM TRAINING PACKAGES ARE COMPLETELY
CUSTOMIZABLE AND TEAM-SPECIFIC. SCHOOL
TEAM TRAINING PACKAGES INCLUDE:

1 HOUR
NON-TUMBLE
FLEX OPTIONS

\$50.00
per athlete per month

ROUTINE TRAINING
OR
STUNT TRAINING

2 HOUR
GAME DAY
(NON-TUMBLE)

\$70.00
per athlete per month

1 HR GAME DAY
&
1 HR STUNT

2 HOUR
TRADITIONAL
OR NATIONAL
GAME DAY

\$90.00
per athlete per month

1 HR TUMBLE
&
1 HR STUNT

- 9 months (JUNE - FEBRUARY) of training at the Empire Athletics facility. We are designed specifically for high school cheer skill development. Train on a FULL 9 mat hard floor, tumble track, and various tumbling equipment.
- Weekly team training practices alongside our highly trained, CHSAA focused EA Staff. We are here to assist with any combination of stunting, tumbling, and routine work.

BONUS: Extend your training to MAY or MARCH!



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EMPIRE ATHLETICS HIGH SCHOOL SHOWCASE

#BUILDOUREMPIRE



THE SHOWCASE IS A FANTASTIC OPPORTUNITY FOR YOU AND YOUR TEAM TO GET PERFORMANCE EXPERIENCE IN A CHEERLEADING COMPETITION-LIKE ATMOSPHERE, AS WELL AS SHOWING FAMILY AND FRIENDS YOUR DEDICATION AND HARD WORK SO FAR THIS SEASON! ALTHOUGH NO PLACEMENT AWARDS WILL BE GIVEN, YOUR TEAM WILL BE JUDGED BY EXPERIENCED JUDGES. YOU WILL RECEIVE SCORESHEETS, FEEDBACK, AND A COMPLIMENTARY VIDEO REVIEW FOR YOU TO UTILIZE BEFORE LEAGUE COMPETITIONS!



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A D D - O N S

ROUTINE CHOREOGRAPHY

Pg.7

RENTALS

Pg.8

SUMMER CHEER CAMP

Pg.9

TRYOUT WORKSHOPS

Pg.10

(For your individual athletes that would like to work on their tumbling and stunting prior to tryouts.)

ROUTINE CHOREOGRAPHY

*Choreography by Empire Athletics is original, customary, and
High School & CHSAA scoresheet specific.*

WE OFFER VARIOUS PACKAGES TO BEST FIT YOUR TEAMS NEEDS!



TRADITIONAL

FULL COMPETITION
ROUTINE

\$2,200

INCLUDES ALL ELEMENTS OF ROUTINE
EXCLUDING MUSIC AND SIGNS/PROPS

HALF ROUTINE

\$1,300

CHOOSE MUSIC OR CHEER ELEMENTS

GAME DAY

FULL COMPETITION
ROUTINE

\$1,700

INCLUDES FULL CHEER AND MUSIC
OUTLINE

HALF ROUTINE

\$1,000

CHOOSE MUSIC OR CHEER ELEMENTS



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— EMPIRE EXTRAS —



RENTALS

Do you need just a little extra time to practice on a full floor? Maybe you want an extra set of hands to assist you? Rent out floor space or an EA coach for a flat rate!

Floor Rental = \$125 per hour

EA Coach = \$50 per hour

***CUSTOM CLINICS ARE AVAILABLE UPON REQUEST**

CONTACT US FOR MORE
INFORMATION AND AVAILABLE
DATES & TIMES.



WORK HARD. BE NICE.



SCAN HERE
TO REQUEST
MORE INFO

2022 - 2023 SEASON



CHEER CAMP

EMPIRE ATHLETICS



CUSTOMIZE YOUR SUMMER CAMP!

1-DAY SPIRIT CAMP

\$75 PER ATHLETE

At Empire Athletics
or High School

2-DAY SPIRIT CAMP

\$150 PER ATHLETE

At Empire Athletics
or High School

2-DAY TUMBLE CAMP

\$189 PER ATHLETE

At Empire Athletics
ONLY

WWW.EMPIREATHLETIC.COM

TRYOUT WORKSHOP



EMPIRE ATHLETICS
WANTS TO HELP
PREPARE YOU FOR
YOUR SCHOOL'S
UPCOMING
CHEERLEADING
TRYOUTS!
ALL LEVELS
WELCOME!

2 HOUR CLINICS

FULL DAY = \$54.99

1 TUMBLING, 1 STUNTING, **AND** 30-MIN OPEN GYM

HALF DAY = \$29.99

1 TUMBLING CLINIC **OR** 1 STUNTING CLINIC

12351 GRANT ST. UNIT #330 THORNTON, CO | 601 BRYANT STREET, DENVER CO

SAT. APRIL 2ND

SAT. APRIL 16TH

THORNTON: ADVANCED
DENVER: BEGINNING

TUMBLING CLINIC
10AM - 12PM

- 1 Hour of Tumbling
- Sideline Cheer
- Jumps #1
- Motions

--- OPEN GYM @ 12:30PM
FOR FULL DAY ONLY ---

STUNTING CLINIC
1PM - 3PM

- 1 Hour of Stunting
- Band Dance
- Jumps #2
- Motions

THORNTON: BEGINNING
DENVER: ADVANCED

TUMBLING CLINIC
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--- OPEN GYM @ 12:30PM
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STUNTING CLINIC
1PM - 3PM

- 1 Hour of Stunting
- Band Dance
- Jumps #2
- Motions



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IMPORTANT DATES

EVENTS

HS TRYOUT WORKSHOP
APRIL 2ND & 16TH

COACHES CONTRACT DUE
APRIL 31ST

ENROLLMENT OPENS
MAY 1ST

**FLIPFEST & TEAM
REGISTRATION DAY**
MAY 14TH

PRE-SEASON START
MAY 16TH

SEASON START
JUNE 6TH

HIGH SCHOOL SHOWCASE
OCTOBER 29TH

STATE CHAMPIONSHIP
TENTATIVE: DEC. 8TH - 10TH

CLOSURES

EASTER SUNDAY
APRIL 17TH

MEMORIAL WEEK
MAY 27TH - JUNE 2ND

4TH OF JULY WEEK
JULY 1ST - 7TH

LABOR DAY WEEKEND
SEPTEMBER 2ND - 5TH

THANKSGIVING WEEK
NOVEMBER 21ST - 27TH

HOLIDAY CLOSURE
DECEMBER 19TH -
JANUARY 1ST

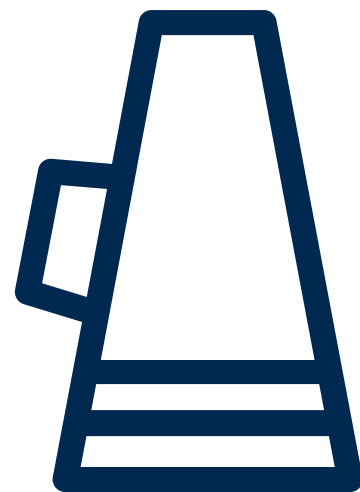


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GYM

INFORMATION



PHYSICAL ADDRESS

12351 GRANT ST. UNIT 330
THORNTON, CO 80241

601 BRYANT STREET
DENVER, CO 80204

MAILING ADDRESS

PO BOX #33492
DENVER, CO 80233

TEL: (303) 280-7199

WEBSITE: EMPIREATHLETIC.COM

OFFICE HOURS

SUNDAY: 9AM - 5PM

MONDAY: 1PM - 7PM

TUESDAY: 1PM - 7PM

WEDNESDAY: 1PM - 7PM

THURSDAY: 1PM - 7PM

FRIDAY: 1PM - 7PM

SATURDAY: CLOSED

OFFICE STAFF:

FRONT DESK

GENERAL QUESTIONS
INFO.EMPIREATHLETICS@GMAIL.COM

PRIVATE LESSONS

PRIVATE LESSON SCHEDULING
PRIVATE.EMPIREATHLETICS@GMAIL.COM

ACCOUNTS/FINANCIALS

FAMILY & STUDENT ACCOUNTS / FINANCIALS
BILLING.EMPIREATHLETICS@GMAIL.COM

BROOKE GIGLIOTTI

SCHOOL PROGRAM MANAGER
BROOKEG.EMPIREATHLETICS@GMAIL.COM

KYLE PAPPAS

OWNER/GENERAL MANAGER
KYLE.EMPIREATHLETICS@GMAIL.COM



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